Volunteer Preparation Course Autumn 2022

Dates: Tuesdays 20th, 27th September 4th, 11th, 18th October 2022
Times: 9.30am – 2.30pm
Venue: Church of the Good Shepherd, Carshalton Beeches
Facilitators: Emma Clements, Kim Farlow, Bev Daines, Gayle Sawyer

Session 1: Tuesday 20th September
Welcome and introductions
About Home-Start
Why is Home-Start needed?
Role of the volunteer, boundaries, commitment





Session 2: Tuesday 27th September
Stress in families
Mental health
Domestic abuse
Signposting & support

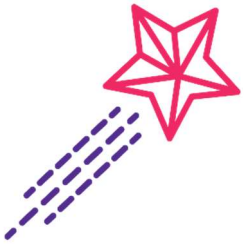
Session 3: Tuesday 4th October
Supporting families
Parents & children's needs
Attachment theory and the value of play
Families with teenagers





Session 4: Tuesday 11th October
Safeguarding children & adults
Confidentiality
Admin & record keeping

Session 5: Tuesday 18th October
Values & attitudes
Listening skills
Q&A with existing volunteers
LUNCH provided by Home-Start – Meet the team!



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